

Live Station-1

MONDAY- FLAT BREAD

(Flatbread, low-fat mozzarella, parmesan, tomato, chicken breast, garlic, salt, corn oil, lettuce, tomato, cucumber, broccoli)

TUESDAY- TACO STATION

(Beef Fajita, Chicken Fajita or Vegetable Fajita, Tortilla, cheddar Cheese, Salsa, Yoghurt)

WEDNESDAY- - TACO STATION

(Beef Fajita, Chicken Fajita or Vegetable Fajita, Tortilla, cheddar Cheese, Salsa, Yoghurt)

THURSDAY - FLAT BREAD

(Flatbread, low-fat mozzarella, parmesan, tomato, chicken breast, garlic, salt, corn oil, lettuce, tomato, cucumber, broccoli)

Live Station-2

PASTA STATION

(Penne Pasta or Spaghetti, Cheddar Cheese, Mozzarella Cheese, Arabi Atta Sauce, Alfredo Sauce, Roasted Chicken or Beef or Mix Peppers)

SALAD BAR

(Lettuce, Cucumber, Cherry Tomato, Carrot, Sweet corn, Quinoa, Olives, ,Cabbage, Edamame Beans, Chickpea, Lemon Dressing)

SANDWICH STATION

(Lettuce, Roasted Chicken or Stir Fry Beef or Egg Mayo, Peppers, Mushroom, Cheddar, Mozzarella)