

The Policy will be reviewed bi-annually, or more regularly in the light of any significant new developments. The next anticipated review date will be:	January 2026
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Personal Social Health and Emotional Learning

Rationale

Personal, Social, Health, and Emotional Learning (PSHE) is an integral and comprehensive aspect of our school curriculum, aligned with the UK National Curriculum. It aims to empower students with essential life skills, foster positive relationships, and promote emotional well-being. Our commitment to PSHE education stems from the recognition that nurturing personal development, social responsibility, and emotional intelligence is crucial for the holistic development of our students. Some aspects of the British PSHE Curriculum are adapted to be in line with the heritage and culture of the United Arab Emirates.

Early Years Foundation Stage (EYFS) - Personal, Social and Emotional Development (PSED):

In the Early Years Foundation Stage, our focus is on fostering personal, social, and emotional development through age-appropriate activities. Students engage in experiences that promote self-awareness, social interactions, and emotional understanding. Activities aim to nurture a positive sense of self, encourage cooperation, and lay the foundation for future personal, social, health, and emotional learning.

Primary Phase

For primary students, our PSHE curriculum builds upon foundational skills, introducing them to a range of topics that encompass personal well-being, relationships, and health education. Students explore themes such as self-esteem, diversity, and the importance of a healthy lifestyle. The curriculum encourages the development of critical thinking skills, resilience, and empathy. Collaborative projects promote teamwork and the application of learned skills in real-life situations.

Vision

'At GFM we empower students to have the heart to celebrate uniqueness and the mind to be innovative, creative problem solvers, bringing a positive change to the world in which we live.'

Secondary Phase

In the secondary phase, our PSHE program becomes more specialized, offering students the opportunity to delve deeper into specific aspects of personal, social, health, and emotional education. The curriculum includes in-depth studies in areas such as mental wellbeing, healthy relationships, and the consequences of personal choices. Students are encouraged to apply critical thinking skills to real- world situations, develop effective communication skills, and understand the importance of personal responsibility.

Assessment

Assessment in PSHE is comprehensive, encompassing personal development, social skills, and emotional well-being. Students are evaluated on their understanding of key concepts, the application of learned skills in various contexts, and their ability to make informed decisions. Assessments include reflections, discussions, and projects that showcase the practical application of PSHE principles.

Enrichment:

To enrich the PSHE experience, opportunities for workshops, guest speakers, and community engagement activities are provided. These experiences aim to deepen students' understanding of real- world issues, foster a sense of social responsibility, and provide a platform for open and meaningful discussions.

Parental Involvement:

We recognize the importance of parental support in reinforcing PSHE values. Regular updates on the PSHE curriculum, resources for supporting personal development at home, and invitations to information sessions are provided. Workshops on understanding the significance of PSHE education and strategies for promoting well-being are organized to strengthen the school's and parents' partnership. Please read this policy in line with the Curriculum Policy.

Vision

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